

My Big Little Thoughts Journal

A Quiet Journal for Kids Ages 5–9



By Mark Morgan

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Today I feel...



Happy



Sad



Mad



Tired



Today I feel this way because _____

One good thing
that happened today was...



Today I feel this way because _____

Something I'm proud
of today...

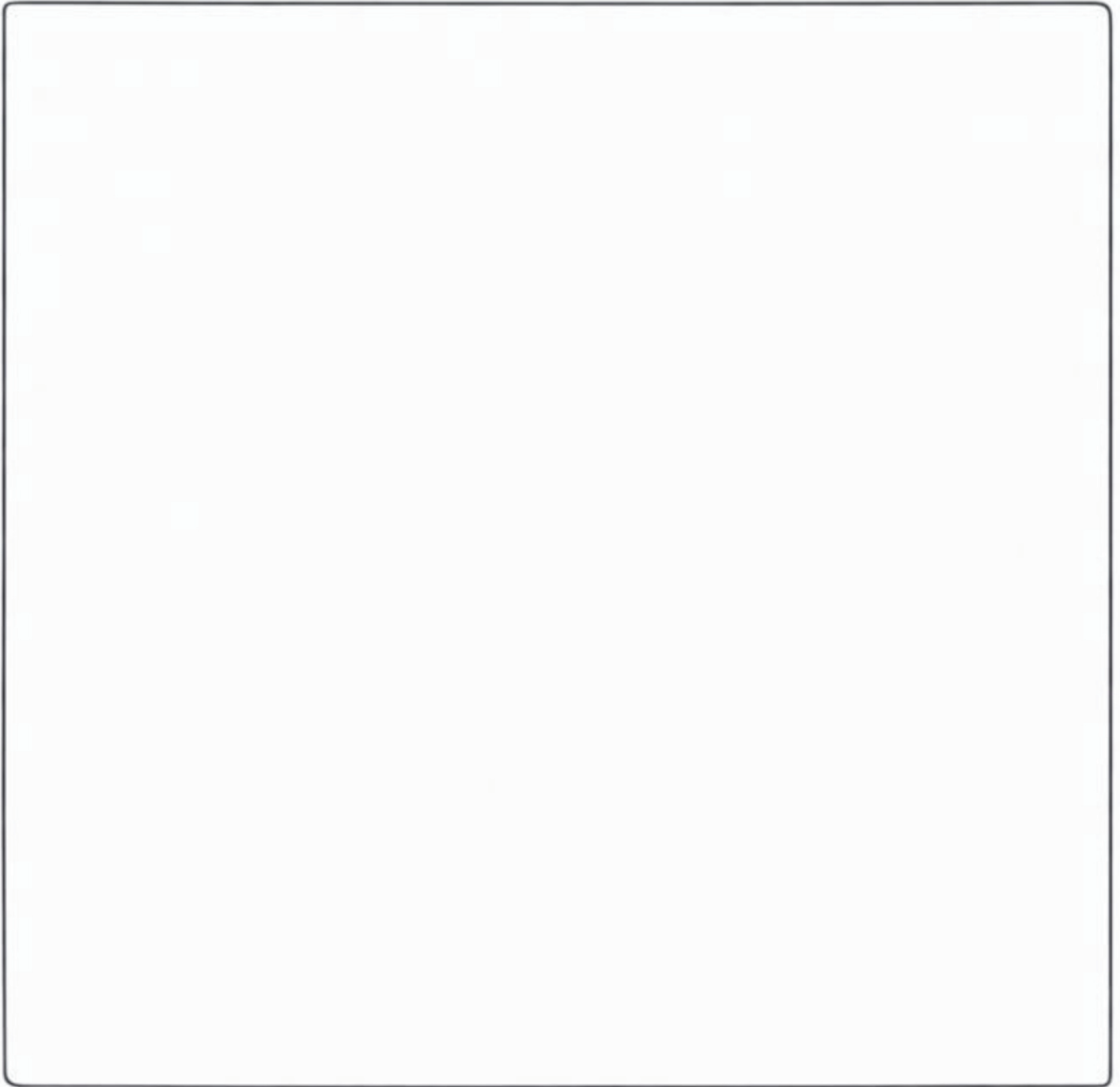








Draw Anything You Want



– Take your time. –